

Curriculum Vitae

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EDUCATIONAL BACKGROUND:

- Bachelor of Arts in Theology, minor in Mental Health and Human Services, Franciscan University of Steubenville, Ohio (Summa Cum Laude), 1986. Senior Theology Award Recipient.
- Auditor's Certificate, Epiphany Program in Spiritual Formation with Fr. Adrian van Kaam and Dr. Susan Muto, 1998.

PROFESSIONAL BACKGROUND:

- *Coordinator*, John Paul II Resource Center for Theology of the Body and Culture, Diocese of Phoenix.
- *Author of Every Woman's Journey: Answering "Who am I" for the Feminine Heart* (2005).
- *Co-foundress* of Women of the Third Millennium, an organization that promotes the dignity, vocation, and mission of women and men through retreats and talks. I have spoken throughout the USA and in Switzerland, England, Canada, and Trinidad, West Indies.
- *Public speaker* on Catholic spirituality and the thought of Pope John Paul II, especially his Theology of the Body. I also speak on marriage and the Eucharist, the genius of women, Mary and the Eucharistic life, the single life, prayer, passing on the faith, dating, and chastity formation.
- *Co-host* for EWTN (Eternal Word Television Network) of a 13-part series on Pope John Paul II's "Theology of the Body," which has been airing since March 2005.
- *Host* for Catholic Familyland Television Network of a 13-part series on "The Genius of Women."
- *Freelance writer* on Catholic spirituality for national Catholic publications including *Our Sunday Visitor*, *New Covenant Magazine*, *Catholic Parent*, *CRISIS Magazine*, and *Catholic Faith and Family*.

PUBLISHED ARTICLES (SELECTED ARTICLES):

- ON CATHOLIC SPIRITUALITY: *Baby Steps to Theology of the Body* (4 page feature), *Our Sunday Visitor*, August 28, 2005. *Contraception and the Trinity*, Couple to Couple League, Nov/Dec 2004. *Single Living in a Couples' World*, *CRISIS Magazine*, July/August, 2002. *How Marital Love Reflects the Trinity*, *Our Sunday Visitor*, May 26, 2002. *When Intimacy Feels Like Romance*, *Our Sunday Visitor*, February 10, 2002. *Tango and Theology of the Body*, *CRISIS Magazine*, November 2001. *Setting Kids on Fire*, *Pentecost Today*, June 2001. *A 50-Day Spiritual Plan for Your Family*, *Our Sunday Visitor*, April 15, 2001. *Passing on the Faith – Basketball Style*, *Our Sunday Visitor*, March 18, 2001. *Got Those Restless-Kids-In-the-Pews Blues* (on praying the Mass), *Our Sunday Visitor*, February 18, 2001. *The Eucharist and the Culture of Life*, *Franciscan Way*, Spring 2000. *The Perfect Person* (Mary's Assumption), *Our Sunday Visitor*, August 15, 1999. *Permanent Deacons Are Here to Stay*, *Our Sunday Visitor*, August 23, 1998. *A Race Full of Grace* (the Immaculate Conception), December 6, 1998. *The Ultimate Dance Partner* (spiritual lessons from Argentine tango), *Our Sunday Visitor*, February 8, 1998. *Single Minded: What to Make of the Whirlwind of Romantic Inclinations*, *New Covenant Magazine*, July 1997.
- ON WOMEN: *Woman to Woman*, *Our Sunday Visitor*, April 16, 2000. *Feminism for a New Millennium*, *New Covenant Magazine*, January 1998. *Toward a New Feminism*, *Franciscan Way*, Spring 1997.
- ON SINGLE PARENTING: *Tween Single and Married Life*, *Catholic Parent*, March/April 2002; *First Class? Or Steerage?*, *Catholic Parent*, July/August 1998. *Singular Grace*, *Our Sunday Visitor*, January 11, 1998.
- INTERVIEWS: *In Step with C.S. Lewis' Stepson* (Doug Gresham), *Our Sunday Visitor*, November 5, 2000. *The Bible's Song for Young Lovers* (Fr. Mark Gruber, OSB, on *the Song of Songs*), *Our Sunday Visitor*, February 14, 1999. *God's Bulldozer* (Babsie Bleasdel), *New Covenant Magazine*, January 1999. *The Meaning of 2000* (Ralph Martin), *New Covenant*, November 1998. *How They Do Power Lunches in Trinidad* (Towers of Strength Prayer Group), October 25, 1998. *A Father Who Keeps His Promises* (Dr. Scott Hahn), *Our Sunday Visitor*, June 21, 1998.

ONE-DAY OR WEEKEND RETREATS:

- ❖ Every Woman's Journey (4 or 5 talks for women)
- ❖ Marriage and the Eucharist: The Two Become One Body (4 talks for married couples)
- ❖ Going Deeper Into Prayer and the Eucharist (3 talks)
- ❖ A New Look at Marriage, Sex, and the Eucharist (3 talks)
- ❖ The ABCs of John Paul II's Theology of the Body (3 talks)
- ❖ Mary and the Eucharistic Life (3 talks)
- ❖ The Single Life: Mistake or Mission? (4 talks for singles)
- ❖ In the Divine Image: An In-Depth Study of John Paul II's Theology of the Body (7 talks)
- ❖ Evangelizing the Culture (4 talks; great for college age)
- ❖ Turning the Titanic: Training Your Children in Chastity (3 talks for parents, teachers, etc.)
- ❖ Fixing Our Eyes on Jesus (parish mission – 3 talks)
- ❖ The Role of Women in the Church and Society (4 talks)
- ❖ A New Way to Be Human (3 talks for college age or singles on the Theology of the Body)
- ❖ Confirmation: Bursting Your Baptismal Graces (3 talks)

ONE-HOUR TALKS:

- ❖ Living the Divine Design (an introduction to John Paul II's Theology of the Body)
- ❖ Theology of the Body and Contemporary Moral Issues
- ❖ Theology of the Body and Charismatic Renewal: What's the Spirit Got to Do With It? (2 talks)
- ❖ Mary and Theology of the Body
- ❖ Living the Eucharistic Pattern
- ❖ The Mystery of Woman: A Garden Enclosed
- ❖ The New Feminism/The Genius of Woman/The Role of Women in the Third Millennium
- ❖ Feminine, Single, and In Love With Life (for single women)
- ❖ Be a Woman! Be a Leader! (high school or college girls)
- ❖ Sacred Beauty (ideal for *Regnum Christi* "Pure Fashion" Show or mother/daughter breakfast)
- ❖ First a Daughter, Then a Bride (personal testimony; great for Magnificat meals)
- ❖ The Gift of Woman (ideal for talk and dessert night for women of all ages)
- ❖ Women Priests: Why Not?
- ❖ The Splendor of Man
- ❖ Marriage: The Great Mystery (marriage enrichment)
- ❖ The Sacramentality of Marriage (marriage prep)
- ❖ When God Changes the Script (can be adapted for Advent or Lent)
- ❖ The Way of the Cross (ideal for Lent or Palm Sunday)
- ❖ Chastity Formation for Teens (for parents; this talk complements the dating talk for teens below)
- ❖ St. Edith Stein: Hope and Promise for Our Time
- ❖ The Single Life: Pickle Juice or Champaign? (for singles)
- ❖ A New Way to Be Single (for singles)
- ❖ Dating, Romance, and God: Recipe for Disaster or Success? (for teens or college)
- ❖ This is *My* Body (for high school or college)
- ❖ Passing on the Faith - Basketball Style (good for all ages including grade school)
- ❖ Teaching Children to Pray the Mass
- ❖ Three to Tango (talk on the spirituality of Argentine tango followed by a free tango lesson)

Speaking Fee:

- ❖ Travel and housing expenses plus US\$500 per talk or US\$1000-\$1200 for a one-day retreat and US\$1500 for a weekend. Katrina's home airport is Phoenix, AZ.

Purchasing audio and video tapes:

- ❖ Audio tapes, CDs, DVDs. and video tapes of many of Katrina's talks along with her book (*Every Woman's Journey*) can be purchased from Our Father's Will Communications, 866-333-OFWC (Illinois) or on-line at www.theologyofthebody.net.

Personal Background:

- ❖ Born February 4, 1961, in San Diego, California. Lifelong Catholic. Single (marriage annulled) mother of a wonderful young-adult son, Michael. Enjoy dancing Argentine tango and teaching swing, ballroom, salsa, merengue, and tango. Also enjoy various sports, travel, culture, hiking, learning French, body surfing, and reading philosophy, theology, and psychology.